

HEALTH & BEAUTY

Georgia

In search of relaxation, health, beauty and wellbeing

Georgia, with its unique nature, fresh air, mineral springs, and other natural resources offers different ways to gain a greater understanding, experience and enjoyment of the essential elements that help to create and maintain the beauty and a happy and healthy life. Bring your spirit and body into a wellbeing, rest relax and enjoy.

Day 1: Arrival in Tbilisi; met and assisted at the airport.

Day 2: Tbilisi sightseeing tour; visit the capital famous for its warm sulfur waters. The city was founded around these relaxing pools of water located in the heart of the old town. Tbilisi bathhouses and spa centers are ready to welcome the visitor either for relaxation or various health treatments with mud and minerals.

Day 3: Tbilisi - Bioli wellness resort in Kojori; The Bioli Medical team is focused on supporting our body's well-being and cell health; here guests are offered diagnostics of health resources, stress level, metabolism, ecc.

Day 4: Full day at Bioli wellness resort in Kojori; enjoy various programs and procedures to meet individual needs and expectations of every single guest.

Day 5: Bioli wellness resort - Borjomi spa resort; drive to Borjomi spa resort, surrounded by verdant nature and lush pine forests. The resort is famous for its celebrated mineral waters. The natural high purity and healthy chemical components of Borjomi water make it not only pleasant to drink but also a perfect preventive and curative means against a number of diseases. The Borjomi water is rich in the most vital microelements for a human organism.

Day 6: Full day at Borjomi spa resort; take spa treatments and washouts; enjoy immediate and long-term results for your body, skin and face.

Day 7: Borjomi - Schukhman wine spa in Kisikhevi; located in Kakheti, the main wine producing region in Georgia, Schukhman wine Spa offers the possibility to get acquainted with Georgian wine making tradition and get unique procedures conducted by professional wine therapist.

Day 8: Full day at Schuchman wine spa; enjoy wine spa procedures; regenerating scrubbing with grapes seeds, health -improving procedures with local mud, hot wine baths, etc.

Day 9: Kisiskhevi - Lopota Lake resort; the natural biodiversity and variety of health facilities at Lopota Lake resort benefit to renovation of physical health and clarity of mind.

Day 10: Full day at Lopota Lake resort; enjoy spa treatments, fishing, horse back riding, quad bike adventure, hiking and walking or just rest, relax and meditate.

Day 11: Lopota Lake resort - Tbilisi;

Day 12: Departure; transfer to the airport.



BEST SEASON FOR THE TOUR BY MONTH

Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
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TOUR TECHNICAL CHARACTERISTICS			
Total Touring Distance ≈ 710 km	Total driving time ≈ 12,5 hours		
Longest driving distance per day ≈ 265 km	Longest driving time per day ≈ 4,5 hours		
O/N by locations: 2+2+2+2+2+1 = 11 Nights			
Adopted conditions for disabled person*	No	Partly	Fully

*Caucasus Travel takes special care of disabled persons, doing the best to adopt and improve conditions for disabled persons, when/where it is possible



Purpose of this PDF is to give you general information about provided program.
As always, we design and tailor tours to ensure that they are perfect fit for our customers.
Please contact us to design tailored tour for you.

Program details, including transportation, accommodation, catering, events, and experiences, will be shared upon completing the request form and through ongoing communication to tailor to visitors' specific needs and wishes.



For planning, reservations, management, monitoring and control of tour operations Caucasus Travel is using **TourBuilder™** Travel Management Software

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About the Programs, Services and More...

The Sample Programs shown on this site, are based on customers frequent requests and points of interests, however as usual, we design and tailor tours for our customers to meet their best interests.

Provided programs give an opportunity to travel and enjoy the hospitality of the Caucasus Countries; experience traditions of these countries, geographically so close to each other but still so different; taste local cuisine and get in touch with local people; get acquainted with their life-style, visit museums, important architectural monuments and enjoy diversity of the landscapes by visiting lowlands and the Caucasus Mountains.

Even though programs are mainly focused on excursions and cultural experiences some elements of active leisure can be organically incorporated in the program without much changes. Opportunities of short hiking, early morning short biking or horse riding, ballooning, etc., are very common and desired options for visitors.

Sightseeing - Our programs are combinations of the most interesting and thematically different visits to cultural, architectural, historical, archaeological sites, museums, galleries, nature sites and National Parks; at most sites brief written information is given in English and guided tours are available in English and other European languages. In places where local guides are not available or do not speak the language requested by our guests Caucasus Travel guides are there to assist with guiding and translation.

Experience - Along the cultural programs we offer unique experiences: meet locals, enjoy craft workshops, culinary master classes, thematic meetings. Book events and receptions in the most unexpected places, meet outstanding interesting people, speakers, artists, experts.

Enjoy short and easy hiking in some programs, also use an opportunity to book horseback, white water easy rafting & other activities or relaxing boat tours and ballooning opening fascinating views.

Travel from country to country and create your own unforgettable memories.

Supply & Network - We are strengthened by professional, reliable, loyal suppliers and partners in cities and rural areas of Georgia and the Caucasus. One can guess, that during years of mutually successful business and sincere relationship, we have earned huge network of partnership in accommodation, catering, transportation or in any needed field of supply. This is our wealth and the strongest point.

Accommodation - In all three countries we have a wide choice of international and local hotels offering high standard hospitality services. We couple the tradition with the comfort. Our visitors choosing accommodation places from big variety of properties, from beautiful Guest Houses to Superior Hotels. Providing hotels of all categories, we are working with best of them and having great deals for our customers.

Food & Catering - We serve our guests in the best local restaurants, providing big variety of National and European food. There are also many Chinese, Japanese, Indian, Thai and other exotic food restaurants available in all three countries. When and where it is needed we provide picnic, snacks, fruits, drinks, and of course unlimited bottled water while transportation.

Transportation - Depending on group size we provide appropriate types of comfortable vehicles: for large groups medium or full size busses (30-45 seats); for smaller groups minibuses (15 seats) and minivans; for individual travellers we offer sedan type cars or SUV. Vehicles will usually be changed while crossing land borders between the countries, as well as drivers, to guarantee local expertise.

Professional Staff with "Field Experience" - Company Managers and staff have had special training in tourism management in various leading institutions of Europe, USA and Japan. Caucasus Travel employs and contracts people with diverse professional backgrounds. This enables us competently and successfully plan, design and carry various tours in many fields of interest: archaeology, history, culture, art, ethnology, etc.

Guides - In each country we employ top professional, well-trained and experienced guides. Having wide knowledge and interests, they are very enthusiastic to show the best of the country, its life, moderate communication with locals and always will be glad to assist guests best interest.

Languages - Our managers, office staff, guides are fluent in 3-4 languages. We speak and guiding tours in English, German, French, Spanish, Italian, Portuguese, Japanese, Chinese, Korean languages.

How to get there...

Flights - Direct flights to Tbilisi, Yerevan, Baku also Kutaisi and Batumi are available from the main European and Asian cities. Flights are operated by: Lufthansa, Turkish Airlines, Qatar Airways, Air France, Condor, LOT, Air Baltic, Wizz Air, FlyDubai, Eurowings, Pegasus, Air Arabia, many more.., and of course Georgian, Armenian and Azerbaijani national carriers.

Visa is not required for Georgia for the citizens of the USA, Canada, Brazil, Argentina, Japan, Israel, Turkey, citizens of EU member countries and CIS - full list is available on www.mfa.gov.ge. Those, who require visa for Georgia will be able to obtain e-visa through www.evisa.gov.ge.

Please find information about visa requirements in Armenia on www.mfa.am. Visa can be obtained at Armenian border upon arrival. The citizens of some countries need invitation letter in order to get visa at the consulate of Armenia in their country of residence. The list of the countries can be found on www.mfa.am.

Visa for Azerbaijan has to be arranged before arrival. You can find information about visa requirements on www.mfa.gov.az. Please note, that e-visa for Azerbaijan can be provided by Caucasus Travel and on supplementary basis.

Passport must be valid for at least six months (required for all three countries).

Please contact us for questions or enquiries...

We are open for collaboration and keen to develop new product and projects to satisfy the most demanding customers. Having decades of experience in operating in South Caucasus, we have hosted travellers from many countries and nationalities, gaining great understanding of their cultural, practical customs and expectations.

We carefully select the product and all its components. We participate in all the steps in the product development - from generating ideas to designing logistical schemes of day-to-day operations. We constantly monitor and control our suppliers (hotels, restaurants, transportation, etc.). When developing a product, should this be for individuals or groups, we consider four major parameters: content, safety, quality and price. Of course, final shape of the product is defined according to the priorities settled by the customer.

So, welcome to South Caucasus - have a great Cultural Experience and Lifelong Impression.

CAUCASUS TRAVEL

The first choice Tour Operator and DMC in South Caucasus